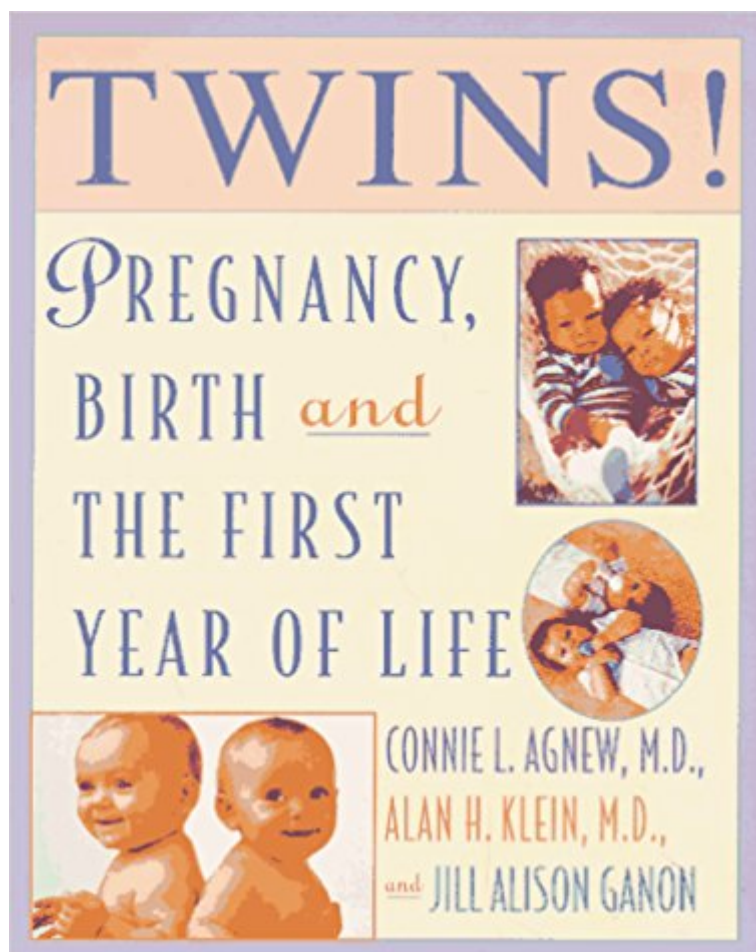




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# Twins!: Expert Advice From Two Practicing Physicians On Pregnancy, Birth And The First Y



## Synopsis

The likelihood of giving birth to twins has shot up from one-in-90 to one-in-40 in recent years, thanks to the escalating use of fertility treatments and the advancing age of first-time mothers. Today, more than 100,000 multiple births take place annually, but despite this astonishing statistic, there hasn't been an authoritative reference that adequately focuses on the unique concerns of the parents until now. "Twins!" gives parents comprehensive information on the physical, medical, emotional, and psychological issues involved in having twins. The first part of the book covers the pregnancy, birth, and postpartum experience, and discusses a broad range of twin-specific information such as the epidemiology of twinning, fetal and embryonic development, nutritional needs, and exercise. The second section covers the first year of life, discussing such topics as telling the twins apart, size and energy differences, and how to cope with the extra work. Additional features include discussions with parents of twins, in which they share their experience on a variety of topics; sidebars filled with fascinating facts; a workbook for recording the pregnancies progress; and several appendices.

## Book Information

Paperback: 320 pages

Publisher: Collins; 1st edition (October 29, 1997)

Language: English

ISBN-10: 0062734601

ASIN: B0009RJUKK

Product Dimensions: 7.4 x 0.8 x 9.2 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 3.6 out of 5 stars 69 customer reviews

Best Sellers Rank: #2,957,005 in Books (See Top 100 in Books) #101 in Books > Parenting & Relationships > Family Relationships > Twins & Multiples #3902 in Books > Health, Fitness & Dieting > Women's Health > Pregnancy & Childbirth #4799 in Books > Parenting & Relationships > Parenting > Early Childhood

## Customer Reviews

The authors bill it as a "truly epic journey": the voyage from pregnancy through a lifetime of parenting twins. Perinatologists Connie L. Agnew, M.D., and Alan H. Klein, M.D. (also a pediatrician) incorporate a winning combination of helpful facts, educated opinion, and candid roundtable discussions--a combination that nicely maps the journey's first course for expectant parents of multiples. Those readers familiar with the ever-popular What to Expect When You're

Expecting--a mainstay for first-time parents--will be delighted to see a similar format employed here. The pregnancy and birth chapters break down into chunks of gestational weeks, outlining basic fetal development, mom's changing body, and special "transitional" issues common to each trimester. These chapters are further enhanced by pencil illustrations of the mother's pregnant body (with a peekaboo view of the developing twins) and roundtable discussions involving the authors and a panel of twins' parents. The book's second half delves into getting through that first, tough year. While ample information on labor and delivery overlaps both halves of the book, this second section spends more time focused on the growing babies and the challenges new parents face in their relationships with their children and with each other. Again, the roundtable discussions prove quite valuable; it's always nice to read encouraging words from those who have lived through preterm delivery, sleep deprivation, and older sibling regression. Growth charts and a helpful resource guide of organizations, periodicals, and retail outlets round out the package. --Liane Thomas

In the United States, twin births have increased by 42 percent since 1980, spurred by the increasing use of fertility treatments and the advancing age of many mothers. Agnew, a perinatologist and leading specialist in the delivery of high-risk infants, and Klein, a specialist in high-risk infant care, have written one of the first books on twins by medical professionals. In conversational style, the authors cover comprehensively pregnancy, birth, the postpartum experience, and the first year of life. Interviews with parents of twins lend a fascinating insight to the topics discussed. Also particularly helpful are the detailed descriptions of the type of medical care necessary during pregnancy and the babies' first year and the resource guide at the back of the book. This excellent resource is recommended for all collections. ?Stacey Hathaway, Fordham Health Sciences Lib., Wright State Univ., Dayton Copyright 1997 Reed Business Information, Inc.

At last! A book that I can recommend to the hundreds of couples who are hungry for information about the special pregnancy they are going through. This is a positive, well written book that parents will turn to again and again. The Elizabeth Noble book is scary and so negative. This easy to read book is not only a joy to read from cover to cover, but also well indexed so parents can go directly to the chapters they need. Most parents expecting twins cannot find material, let alone information that is both practical and up to date. I publish children's books for families of multiples and receive up to 30 calls a day which mostly consist of Moms and Dads in shock over the news that they are having twins or more! This book fills an important need and I am happy to send my customers to buy it. What a great shower gift and along with the authors 2nd book, "Caring for your Premature Baby,"

these parents will be fully prepared to be knowledgeable concerning this wonderful time in their lives. I only wish that it had been available when my daughter was expecting her twins. Don't walk,run and get this book,read it and then relax,enjoy this special time. God Bless you all.

Good book!

Good Book full of information about twins and what to expects and how to deal with situations.

Not a good read. You can learn more on twin websites than this book. I returned it after two days..... not worth the money.

Arrived looking used, cover and pages bent slightly

For a subject matter that is miraculous and incredibly exciting, this book had me yawning. And I found it to be a bit on the negative side. Dry and not very informative to me.

One of the most helpful reads for moms expecting multiples!

Fine.

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memories of the growing bump, the birth ... first year with your baby 2012 ICD-9-CM for Physicians, Volumes 1 and 2 Professional Edition (Spiral), 1e (AMA ICD-9-CM for Physicians (Professional/Spiralbound)) 2012 ICD-9-CM, for Physicians Volumes 1 and 2 Professional Edition (Softbound), 1e (AMA ICD-9-CM for Physicians (Professional Compact)) ICD-9-CM Professional for Physicians, Volumes 1 & 2, 2009 Softbound (ICD-9-CM Code Book for Physicians (Professional)) 2017 Physicians' Desk Reference 71st Edition (Physicians' Desk Reference (Pdr)) PDR: Physicians Desk Reference 2010 (Physicians' Desk Reference (Pdr)) The Princess Twins and the Puppy (I Can Read! / Princess Twins Series) The Princess Twins and the Birthday Party (I Can Read! / Princess Twins Series) Raising Twins: What Parents Want to Know (and What Twins Want to Tell Them)

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